

Bellevue Dermatology
Post Cryotherapy (Liquid Nitrogen) Instructions:

- You may experience a burning sensation that should subside after a short period of time. You may take an over the counter pain reliever if desired.
- You may form a blister. This may be covered with a Band-Aid/ and or first aid ointment if desired.
- You may form a scab. These may be ignored or covered with a Band-Aid at your convenience. Do not pick at the scab as it may cause scarring. If the scab is completely dry, it may be covered with make-up.
- The lesion/scab will come off in 2-3 weeks and the area of new skin underneath will be red, white or brown. The length of time it takes for this area to become less noticeable is variable.
- Protect the area from the sun for at least a year. Apply sunscreen and/or cover the area. New skin is more sensitive to the sun and permanent pigment changes can occur with sun exposure.

If you have any questions or concerns, please call our office at (425) 455-2275